



Recorded at 80 Hertz Studios, Manchester, June 2017
Mixed 80 Hertz Studios, Manchester, July & August 2017
Produced by Mammal Hands
Recorded by George Atkins, Mixed by Mammal Hands & George Atkins
Mastered by Norman Nitzsche, CALYX Mastering, Berlin, August 2017
All songs written by Mammal Hands

All instruments played by Mammal Hands except strings on tracks 1 & 6 performed by Tom Moore and Pete Yelding
String arrangements by Nick Smart
Design by Daniel Halsall

1. BLACK SAILS 2. WRINGER 3. BOREAL FOREST 4. SOLITARY BEE 5. THREE GOOD THINGS

6. LIVING FROST 7. NEAR/FAR 8. STRAIGHT UP RAINING 9. TRANSFIXED 10. BEING HERE

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